

# CONTINENCE FORMULARY

## Product List 2021/23

It is acknowledged that there will be occasions when it is not in the patient's best interest to switch their product to one on the formulary. However, please consider this when there is an opportunity to do so. For further clinical information and support, please refer to the policies and guidelines, such as the 'Urinary Catheterisation' guideline. Please phone the Bladder & Specialist Service via 01726 873095 as required.

	MANUFACTURER	APPLIANCE				PACK SIZE	
LEG DRAINAGE BAGS	Unomedical	Careline + Leg Bag with lever tap and 1 pair of non-latex gloves	500ml	short tube 46-05-SVC G	long tube 46-06-LVC G	10	
			750ml	46-09-SVCG	46-10-LVCG		
			Careline + Leg Bag with tap outlet, overnight connection tube and elasticated Velcro straps and 1 pair of non-latex gloves	350ml	short tube 45-01 SVCG	long tube 45-02 LVCG	10
				500ml	45-05 SVCG	45-06 LVCG	
				750ml	45-09 SVCG	45-10 LVCG	
NIGHT DRAINAGE BAGS	Unomedical	Easi MT 2 litre drainage bag with 90cm inlet tube, non-return valve and single use twist off drainage outlet	47-60-LBH			10	
TUBING & ACCESSORIES	Coloplast Ltd	Simple G-Strap - adult abdominal	383001 383003			5	
	Flexicare medical Ltd	Leg bag straps (pairs); washable, anti-slip with Velcro fastening	00-0032C			10	
	Bard Ltd	Bard StatLock Foley Catheter Stabilisation Device	FOL0102DT			1	
	Prosys	Prosys leg bag sleeves	small (24-40cm)	382-4711		4	
		medium (36-50cm)	382-4729				
		large (40-65cm)	382-4737				
CATHETER MAINTENANCE SOLUTIONS	Bard Ltd	Optiflo G 3.23% Citric Acid	CSG50			50ml	
		Optiflo R 6.0% Citric Acid	CSR50			50ml	
		Optiflo S 0.9% Saline	CSS50			50ml	
Note: 1. Catheter maintenance solutions are not to be routinely used for blocked catheters or for prophylactic use. 2. Maximum treatment period of 1 month before review.							
SHEATH SYSTEMS	Coloplast Ltd	Conveen Optima (non-latex) self-sealing Urisheath	Diameter	Shorter length (30)	Standard Length (30)	30	
			21mm	22121	N/A		
			25mm	22125	22025		
			30mm	22130	22030		
			35mm	22135	22035		
			40mm	N/A	22040		
	Rochester Medical Ltd	Clear Advantage with Aloe silicone sheath		Style 1	Style 2	Style 3	30
			24mm	1243	2243	3243	
			28mm	1283	2283	3283	
			32mm	1323	2323	3323	
		36mm	1363	2363	3363		
		40mm	1403	2403	3403		
INDWELLING URETHRAL & SUPRA-PUBIC CATHETERS	Bard Ltd	PTFE coated latex* -	Standard (Male)	D1265LV		1	
			Female	D0169LV			
			Biocath Hydrogel Coated**	Standard (male)	D2265		1
				Female	D2269		
			Lubri-Sil Aquafil Hydrogel Coated Silicone with pre-filled syringe of sterile water	Standard (male)	D1758		1
				Female	D1761		
			Biocath Comprehensive Care Foley Tray #		Male (12-16)	Female (12-16)	10
				S	D2265S	D2269S	
				M	D2265M	D2269M	
			Lubri-Sil Comprehensive Care Foley Tray #		Male (12-16)	Female (12-16)	10
				S	D1758S12-16	D1761S12-16	
				M	D1758M12-16	D1761M12-16	
			Bardex I.C. Comprehensive Care Foley Tray #		Male (12-16)	Female (12-16)	10
				S	D2365S 12-16	D2369S 12-16	
M				D2365M 12-16	D2369M 12-16		
			L	D2365L 12-16	D2369L 12-16		
Notes: 10ml balloon only to be used 12ch for urethra 16ch for supra-pubic Note: sterile water may need to be prescribed for balloon filling * PTFE up to 4 weeks ** up to 12 weeks # All-in-one kit that provides all the essential items required for catheterisation. Includes a pre-connected leg bag. Subsequent leg bags should be as per formulary or patient choice							
INTERMITTENT CATHETERS	Wellspect HealthCare	LoFric Origo with water- Male (40cm)	10-16	4431025-4431625		30	
		LoFric Sense Female (15cm)	8 - 14	4160825-4161425			
	Coloplast Ltd	Speedicath (pre-hydrated polyurethane)	Male	28408-2841		30	
			Female	28508-28516			
CATHETER ACCESSORIES	Cath-It	Cath-It Catheter Insertion/ Removal Pack	S/M	908410		1	
			M/L	908420			
			L/XL	908430			
ANAESTHETIC GEL FOR CATHETERISATION	CliniMed Ltd	Instillagel 6mls for female urethra 11mls for male urethra	6ml			1	
			11ml				
CATHETER VALVES	Prosys	Prosys Catheter Valve	386-3800			5	
	Unomedical Ltd	Careline Lever Catheter valve	90 821 1S-20			5	
BARRIER	3M Health Care Ltd	Medi Derma-S barrier cream x 28g = 1 month supply For further information refer to skin care pathway	60628			1	

# **Continence**

## **Top tips for prescribing products**

### **Catheters**

- In order to ensure that the correct catheter is supplied prescriptions should always state the brand required.
- Prescriptions for intermittent self-catheterisation (ISC) can be hydrophilic (single use) or re-usable. It will not be unusual for a patient to require ISC several times a day depending on their post-void residual volumes. Always consider intermittent catheterisation as an alternative to indwelling catheter.
- Indwelling urinary catheters (urethral or suprapubic) are either short term (less than 4 weeks duration) or long term (can remain in-situ for up to 12 weeks). Prescriptions should consist of 2 catheters - one spare in case of replacement in the absence of a repeat prescription.
- **Length of catheters** - male: standard length; female: shorter length; paediatric: longer than female length but significantly smaller lumen size. It is critically important that a female length catheter is not inserted into a male urethra due to the risk of adverse events (see NPSA Rapid Response Report April 2009).
- **Catheter maintenance solutions** - should only be used where proactive catheter changes are not suitable to the patient. They are treatment preparations for dissolving encrustation only and should only be prescribed for 4 weeks, then reviewed. They are not to be used prophylactically or be used to attempt to unblock a non-draining catheter.
- **Lubricating gel** - catheterisation can be painful for both males and females. It is important that the urethra is prepared with a lubricating (or anaesthetic) gel before insertion of the catheter.
- **Catheter valves** – these may not suit every patient and therefore appropriate selection of the patient is essential. A sterile valve can be attached to the catheter for 7 days. It should then be replaced.

### **Leg bags**

- **For use with indwelling urinary catheters** - they are sterile equipment (until package opened) and should remain attached to the catheter for one week to avoid unnecessary breaks in the catheter drainage system. Should a catheter maintenance solution be clinically required, a new sterile bag must be used after each solution used.
- **For use with sheaths** – a non-sterile device and the minimum use of the drainage bag is one week.
- **Sample ports** - it is recommended that collection of urine samples for CSU is taken using an aseptic procedure via a needle-free port.

### **Night bags**

- **For use with catheters and leg bags** - a 2 litre non-sterile, non-drainable bag connects to the drainable leg bag every night; it is disconnected and disposed of every morning. It is recommended that unless a patient is self-caring, they should use single-use night drainage bags. However, in a residential care setting, single use drainage bags will always be necessary.

### **Sheaths**

- Correct sizing and fitting is essential for effective use. Sheaths will last a maximum of 24 hours and should then be replaced. A retracted penis may need fitting with a pubic pressure system.

### **Further Information**

It is acknowledged that there will be occasions when it is not in the patient's best interest to switch their product to one on the formulary. Patient choice should be maximised where possible.

For further clinical information and support, please refer to policies and guidelines, such as the 'Urinary Catheterisation in Adults' guideline, which is available on the documents library under Peninsula Community Health (PCH).

The Bladder & Bowel Specialist Service is available for advice on 01726 873095 as required.

For information on product ranges, please refer to: [www.bladderandbowelfoundation.org](http://www.bladderandbowelfoundation.org); <http://www.disabledliving.co.uk/PromoCon/About>; or [www.continenceproductadvisor.org/](http://www.continenceproductadvisor.org/)